

CREATION

Day 7 - REST - WEEK 1

MEMORY VERSE – “I am the one who made the earth and created people to live on it. With my hands I stretched out the heavens. All the stars are at my command.” Isaiah 45:12

FOCUS VERSE – “So the creation of the heavens and the earth and everything in them was completed. On the seventh day God had finished his work of creation, so he rested from all his work. And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.” Genesis 2:1-4

STORY – REVIEW MEMORY VERSE & read focus verse.

We are talking about Day 7 today! Let’s review the previous days.

Day 1 - Light and He called it GOOD (have them say good with you each time)

Day 2 - Sky and He called it GOOD

Day 3 - Land and trees and He called it GOOD

Day 4 - Sun, moon and stars and He called it GOOD

Day 5 - Fish and birds and He called it GOOD

Day 6 - Animals and Us

On Day 7, God was all done creating and He chose to rest on this day. *Why do you think He rested?* Creating is hard work! God chose to rest and take time to look back on all of His hard work because it was “complete” like it says in our focus verse! Let’s review all that God created. (Review the days)

How do you, friends, find rest? I find rest by reading or taking a walk outside! (Let them answer)

God made sure that He rested to show us the importance of rest! He took a WHOLE day and rested and called that day Holy. Nowadays we call it a Sabbath, *can you say Sabbath with me?* We take a Sabbath when we take a day of rest!

God worked really hard to create all of creation and because of that we get to enjoy it and take time to rest in His creation!

PRAYER – Lord, thank you for teaching us about rest and showing us how to do that!

SNACK – Animal crackers/goldfish.

CRAFT – Earth paper plate with tissue paper.
Coloring book - Day 7 page

GAME – Instead of a game this week we are going to rest our bodies and listen to some music. Everytime the song says (choose a recurring word) raise your hand, so listen carefully!

CREATION

Day 7 – REST – WEEK 2

MEMORY VERSE – “I am the one who made the earth and created people to live on it. With my hands I stretched out the heavens. All the stars are at my command.” Isaiah 45:12

FOCUS VERSE – “So the creation of the heavens and the earth and everything in them was completed. On the seventh day God had finished his work of creation, so he rested from all his work. And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.” Genesis 2:1-4

STORY – REVIEW MEMORY VERSE & read focus verse.

Day 1 - Light and He called it GOOD (have them say good with you each time)

Day 2 - Sky and He called it GOOD

Day 3 - Land and trees and He called it GOOD

Day 4 - Sun, moon and stars and He called it GOOD

Day 5 - Fish and birds and He called it GOOD

Day 6 - Animals and Us

Day 7- Rest

Review days. Ask many questions about each day as you review it, or their favorite thing God created from that day! Remind them that rest is important because God did it!

Review memory verse and mention there will be a prize next week for those of them who memorized it!

Since we are talking about rest again we are going to rest and watch a movie! Let's rest our bodies and enjoy the movie.

PRAYER – Lord, thank you for teaching us about rest and showing us how to do that!

SNACK – Goldfish.

CRAFT – They can color their creation booklets or Day 7 page. Put out all leftover crafts.

GAME – MOVIE