

# “I AM”

## Intro - WEEK 1

**MEMORY VERSE** – “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” John 3:16

**FOCUS VERSE** – Then Jesus declared, “I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.” John 6:35

**STORY** – When you introduce yourself you say, “*I am (your name)*” or “*I am (name a kiddo around you)*.” You can also say things like, “*I am 4, I am a girl, or I am a brother.*”

Jesus in the Bible would use metaphors to describe himself. Say “*metaphor with me!*” A metaphor is something that is similar (or like) something else! Here are some metaphors; Fur is a dog’s clothes, boats are cars in water, or stars are shiny diamonds in the sky.

There are seven times in the Bible, *let’s count to 7 together*, that Jesus said “I AM.” *Let’s say “I AM” nice and loud!* Here is a little rhyme and some motions to help us remember them!

*I AM the bread of life. (Rub your belly)*

*I AM the light of the world. (Make a candle with your pointer finger and wave it around)*

*I AM the gate. (Make a gate with your hands and open them)*

*I AM the good shepherd. (Use your pointer and middle finger and walk them)*

*I AM the resurrection and the life. (Make a cross with your arms and keep your hands flat)*

*I AM the way, the truth and the life. (Using both hands make a curvy road)*

*I AM the vine. (Climb up a vine with your hands)*

Let’s take time to practice the repeat-after-me-rhyme! Over the next couple of months we will be talking about the different I AM statements that Jesus says and why he calls himself those things!

**PRAYER** – Thank you Jesus that you came to earth so that we may have life. Help us to love others like you do this week!

**SNACK** – Ritz crackers and cheese

**CRAFT** – Glue the seven “I AM” statements as a sun or flower.

**GAME** – Simon says. Use this game to emphasize the metaphors of Jesus by pretending to be animals, trees, statues, etc.