

“I AM”

THE BREAD OF LIFE – WEEK 1

MEMORY VERSE – “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” John 3:16

FOCUS VERSE – “Then Jesus declared, “I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.” John 6:35

STORY – *Let’s review our rhyme and motions.*

We are going to talk about how Jesus is the Bread of Life. *Have you ever been SO hungry that when you finally got food you felt so much better?* Well we know that our body needs food to be healthy and to give us strength, *let me see your muscles!* When Jesus says that He is the Bread of Life, He means that we need Him in our lives to give us strength, *let me see your muscles*, to make good choices, love others and take our stand against the devil’s schemes!

Jesus uses bread as an example many times in the Bible. Every time I say *BREAD* stand up, and then when you hear *BREAD*, again sit down!

“Give us this day our daily bread” from the Lord’s prayer

“Man shall not live by bread alone, but by every word that comes from the mouth of God.” In the book of Matthew

“Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, ‘Eat this bread in remembrance of me.’” Also, in the book of Matthew.

PRAYER – Jesus thank you that you fill us up like bread does! Please help us to love others today and make good choices!

SNACK – French bread with toppings; butter, jam, cheese.

CRAFT – Bread puzzle. Have children color the quarter sized paper and give them a baggie. Have a leader cut up their coloring to look like a puzzle. *Some of them may not want theirs cut up, and that is totally okay. Have a sample one there so they know what’s going to happen.*

Coloring sheet

GAME – Fish and bread relay race. Start with a handful of cut out fish & bread on one side and a basket on the other. Have children take turns walking, hopping, etc. to the basket and then going back allowing another person to put their fish or bread in the basket.

“I AM”

THE BREAD OF LIFE – WEEK 2

MEMORY VERSE – “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” John 3:16

FOCUS VERSE – Then Jesus declared, “I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.” John 6:35

STORY – *Let’s review our rhyme and motion about the I AM statements Jesus said!*

We are going to talk about how Jesus is the Bread of Life.

How do you feel after you eat bread? Full, happy, good! When Jesus said He is the Bread of Life He meant that when He fills us up so we are full of life, make good choices, and always remember the truths about ourselves! Let’s talk about a story about when Jesus filled up 5000 stomachs.

Did you know that Jesus used a CHILD’s lunch to feed the 5000?! That means that Jesus can use you to help people know Him and believe in Him, too! This child had 5 loaves of bread and 2 fish. *Can you show me five on one hand and 2 on the other?!* Jesus took them from his lunch and put them in a basket. Each time He reached into the basket there was more fish and bread. He never ran out! Just like this story, Jesus never runs out of love for us! He is ALWAYS with us and will continue to fill us up, especially when we really need it!

PRAYER – Thank you Jesus for being the Bread of Life that never ends! We thank you for always loving us.

SNACK – 5 Ritz crackers and 2 fish crackers (you can give more but this is just to illustrate!)

CRAFT – Have each child pick up 5 loaves of bread and 2 fish from the piles and glue them in the baskets on the coloring page. Have them write a number on each loaf and each fish!

GAME – Throw the “fish and bread” (bean bags) into the basket/box