

“I AM”

THE WAY, THE TRUTH, THE LIFE.

- WEEK 1

MEMORY VERSE – “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” John 3:16

FOCUS VERSES – “Jesus told him, ‘I am the way, the truth, and the life. No one can come to the Father except through me.’ “ - John 14:6

STORY – Let’s review our rhyme and motions about the I AM statements Jesus said!

So we have talked about Jesus being the Bread of Life, Light of This World, The Gate, The Good Shepherd, and The Resurrection and Life! This week we are talking about when Jesus said He is The Way, The Truth, The Life. *Why do you think Jesus says this in the Gospel John?!*

Let’s break it down a little. When Jesus says He is The Way He is saying that when we follow Jesus that is the best way we can live our lives.

When Jesus says He is The Truth it means that whatever He is says is true and that Jesus is always truthful. When He says He will do something He will. When we live with Jesus we are living in Truth! When Jesus says He is the life, *well we have talked about this before!* It means that He gave His life for ours and because of that we can live life fully and with Him!

PRAYER – Jesus, thank you that you are The Way, The Truth and The Life. You teach us how to live life like you do in truth! We love you!

SNACK – Cheese Its

CRAFT – Necklace with “The Way, The Truth, The Life” noodles
Coloring sheet

GAME – Take turns finding “The Way”, “The Truth” and “The Life” puzzle pieces around the room put them together. Could make this into a relay race too.

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THE WAY, THE TRUTH, THE LIFE.

- WEEK 2

MEMORY VERSE – “For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” John 3:16

FOCUS VERSES – “Jesus told him, ‘I am the way, the truth, and the life. No one can come to the Father except through me.’ “ - John 14:6

STORY – Let’s review our rhyme and motions about the I AM statements Jesus said.

Jesus says He is The Way, The Truth, The Life when He was talking to His friends before He died on the cross. He wanted His friends to know that even though He wouldn’t be on this earth anymore He would always be the Way to God, The Truth that helps remind us who we are, and The Life that we get to live with Him! We are going to play a little game to help us understand some more truths and how Jesus is the truth! (Pass out truth/lie paddles) Truth or lie. Have friends each have a sign that says truth (green) on one side and lie (red) on the other side. Speak out truths (*you have brown hair, the Bible is true, Jesus loves us, Jesus forgives our sins, Jesus is The Bread of Life*) or lies (*Jesus can’t hear us when we pray, the Bible isn’t true, you are a girl, you have green eyes*) and have them quietly hold up which one side is right!

Try not to get too crazy with the lies....example: Jesus doesn’t love you, or you’re not important. We don’t want to put any bad lies IN their head!

Emphasize why the truths are true - point all back to Jesus - Jesus gave you brown hair, Jesus is The Bread of Life because He fills us up Spiritually, etc.

PRAYER – Lord, thank you that when we remain in you, you remain in us! Thank you that you are The Way, The Truth, The Life and we can live in truth because you keep your promises!

SNACK – String cheese and crackers

CRAFT – “Jesus Is” flip book. Have them color a picture for The Way, The Truth, The Life.

GAME – Reverse “Mother May I” - As the mother, say a truth and how many steps to take, “If you have brown hair, take 2 steps forward.” Until one person ends up at the mother. To make it more fair, have the mother turn around so they can’t see who is closest to them!